

TYPES OF LIFE GROUPS

4. FOUNDATION groups

Focus group: blue

Goal: Study "*Welcome to the Family*" material for new believers so that new believers have a biblical and philosophical foundation that enables them to develop healthy Christianity.

Number of participants: 4

Duration: 1:30 to 2 hours maximum.

Suggested Format: Remember that the priority of these groups is for people to understand the basic concepts of the Christian life. You should be very familiar

with the material and be prepared to answer any questions they may have. If you need help, contact one of the church pastors.

- Think of people outside of church (family, friends, co-workers or students, or neighbors), or people who irregularly attend church and need to assert themselves in the faith.
- Define a time and place to meet once a week. Make sure that time is convenient for most of the people you want to reach. Keep the same schedule every week.
- Use all possible means to promote your group and to remind them of the date and time.

● Remind participants to use a paper Bible. Use a version of the Bible that is understandable: New International Version.

● First meeting:

- Welcome them to the group
- Give them a printed copy of the “*Welcome to the Family of God*” material. You will find copies of this material in the Connect Center in the main lobby of the CT Español facilities.
- Read the introduction and explain how the material is organized:
 1. *The material will require you to look up passages in the Bible.*

2. *The material will require you to answer questions.*
3. *The material will require you to fill in the blanks.*
4. *The material will require homework to be done: additional reading from the Bible and memorization of passages.*
5. *The material will require practical exercises.*
6. *The material will explain how to write your personal testimony and how to share it with those who do not know the Heavenly Father.*

- Explain that the goal is to complete one chapter each week.

- Review Chapter 1.
- The points for each week's prayer time are presented at the end of each chapter.
- Be sure to also pray for the needs of the people in attendance.

● Regular meetings:

- Welcome and prayer [5 minutes].
- Material review [90 minutes]
- Prayer time [10 minutes]
- Time to share a meal. Depending on the characteristics of the group, you could skip this “meal” time, or you could have it at the beginning of the meeting.

- There are two options to complete the material:

Option 1: Groups where people have very little time available, are not used to reading, or have a low level of commitment. In these types of groups, you should complete the material with them during the meeting time: read the passages, answer the questions, and fill in the blanks. In each section of the material you give them time to read and respond. Then they review the section together.

Option 2: Groups where people have more time, are better readers and have a higher level of commitment. In these

types of groups, the leader asks participants to read the passages, answer the questions, and fill in the blanks at home before the meeting. During the meeting the scriptures are reread and the answers to the questions are reviewed.